## TUCKSHOP MENU

**Effective January 2015**

### WRAPS
- Salad ___________________________ $4.00
- Ham & Salad _______________________ $4.20
- Chicken & Salad ____________________ $4.40

### HOT FOOD
- Bacon & Egg Burger **GF** __________ $4.00
- Hamburger __________________________ $4.00
- Chicken Burger ______________________ $4.00
- Junior Burger ________________________ $3.90
- Chicken Tenderloin Roll ____________ $3.50
- Cor Cobbett **GF** ________________ $1.30
- Fried Rice **GF** ________________ $4.00
- Pies – Meat ________________________ $3.60
- Sausage Roll ________________________ $3.40
- Hot Dog **GF** ____________________ $3.00
- Pork Riblet Roll ________________ $3.50
- Lasagne __________________________ $4.00
- Spaghetti Bolognaise ______________ $4.00
- Chicken Strip (plain/chilli) __________ $2.40
- Ham & Cheese Pizza ________________ $2.90
- Rounda __________________________ $2.90
- Chicken Chips (6) ________________ $2.50
- Meatball Roll _____________________ $3.50
- Meatballs ________________________ $0.60
- Chicken Nuggets ____________________ $0.60
- Nachos __________________________ $3.20
- Potato Gems **GF** _________________ $2.50
- Garlic Bread ________________________ $1.70

### SANDWICHES & ROLLS

**(TOASTED – 20c EXTRA)**

*Gluten free bread available on request*

- Vegemite ____________________________ $2.00
- Egg & Lettuce **GF** ________________ $3.60
- Cheese **GF** ______________________ $3.40
- Cheese & Tomato **GF** ____________ $3.60
- Ham **GF** ________________________ $3.40
- Ham & Cheese **GF** ________________ $3.60
- Ham, Cheese & Tomato **GF** ________ $3.80
- Salad **GF** ______________________ $4.00
- Ham & Salad **GF** ________________ $4.20
- Roast Chicken ______________________ $3.80
- Roast Chicken, Lettuce & Mayo ______ $4.00
- Roast Chicken & Salad ______________ $4.40
- Tuna, Lettuce & Mayo ______________ $4.00
- Turkey, Cream Cheese & Cranberry _ $4.40
- Salad; Cheese, Tomato, Carrot, Cucumber, Lettuce **GF**

### VEGETARIAN

- Egg Burger **GF** ________________ $3.90
- Veggie Burger ______________________ $4.00
- Veggie Pattie ______________________ $2.40

### DRINKS

- Milk (Small) **GF** _________________ $1.70
- Water **GF** ____________________ $2.80
- Juice Bottle (250ml Orange) **GF** __ $2.40
- Juice Bottle (500ml) **GF** __________ $3.20
- Juice Popper (250ml) **GF** ___________ $2.00
- Orange, Pine/Orange, Golden Pash, Apple
  - Flavoured Milk Popper (250ml) **GF** __ $2.20
  - (Chocolate, Strawberry, Vanilla)

- HAVE PLENTY
- SELECT CAREFULLY

**GF** GLUTEN FREE OPTIONS
### MISCELLANEOUS
- Fruit Tube Ice Block **GF** $0.70
- Yoghurt Low Fat (Strawberry) $2.60
- Frozen Yoghurt (Strawberry) $2.60
- Bread Roll (Plain) $1.30
- Tomato/Soy Sauce Sachets $0.20

### SUSHI (TUES, WED & THURS ONLY)
- Teriyaki, Chicken & Avo $2.80
- Tuna **GF** $2.80
- Salad (Wed only) **GF** $2.80

### FRUIT & SALAD BOXES
- Whole Fruit in Season **GF** $1.00
- Fruit Salad Box **GF** $2.80
- Chicken Salad Box $4.20
- Ham Salad Box **GF** $4.20
- Salad Box (Dressing, Croutons) **GF** $4.20
- Chicken Salad Box (Dressing, Croutons) $4.60
- Ham Salad Box **GF** $4.60
- Boxes include egg, capsicum, corn & celery

### BREAKFAST (AVAILABLE FROM 8.00AM)
- Milks **GF** as priced
- Ham & Cheese Toasted Sandwich **GF** $3.60
- Hot Chocolate **GF** $1.80
- Yoghurts, Juices **GF** as priced

### SNACKS
- Hello Panda $1.00
- JJ Noodles (Chicken) $0.80
- Pretzels $1.00
- Small Choc Chip Cookie $1.10
- Popcorn **GF** $1.80
- Gingerbread Person $2.00

**BREAKFAST** is available from 8.00am for all students for purchase at the counter.

**MORNING TEA** may be purchased by Secondary School students at the counter. Junior School students are unable to purchase morning tea.

**LUNCH** is available to all students and may be ordered online (using My Student Account which may be accessed from the Parent Zone website). **Online orders must be placed by 8.00am.**

Secondary School students are also able to purchase lunch directly from the counter. Junior School students are unable to make lunch purchases directly at the counter. An alternate classroom ordering system is available for families who do not have access to My Student Account. Orders may be made on a paper bag with name, class and order clearly marked. As close to correct money as possible must be enclosed. Orders are to be placed in the box provided in each classroom on arrival at school.

**IF YOU CAN HELP IN THE TUCKSHOP, PLEASE COMPLETE BELOW AND RETURN TO TUCKSHOP**

Name ___________________________ Phone ___________________________

Janelle Reid, Convenor, phone 3821 8928 or mobile 0400 739 792 or Email j.reid@ormistoncollege.com.au